

PK KB WVL 26: Session: 4: COACH evaluation sheet for TEAM: ZB

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Tieghem Kristof

Coaches: Lefever Elisa

Coaches: Debeuckelaere Sindy HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:1, starttime: 14:00
Heat: 1/6 Lane : 6 Athlete: DE DEYNE PAULIEN					Q-time: 01:44:25
PB (25m pool): 01:44.25 Diksmuide 28/12/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.01		01:44.25	
		00:51.01		00:53.24	
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 14:02
Heat: 2/6 Lane : 7 Athlete: DEMAREST JAYDA					Q-time: 01:32:38
PB (25m pool): 01:32.38 Zwevegem 31/05/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.85		01:32.38	
		00:43.85		00:48.53	
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 14:04
Heat: 3/6 Lane : 1 Athlete: DECAESTECKER OONA					Q-time: 01:28:03
PB (25m pool): 01:28.03 Zwevegem 31/05/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.31		01:28.03	
		00:41.31		00:46.72	
					

Coach feedback:

PK KB WVL 26: Session: 4: COACH evaluation sheet for TEAM: ZB

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 14:08
Heat: 5/6 Lane : 2 Athlete: DEMAREST HAILEY					Q-time: 01:15:34
PB (25m pool): 01:15.34 Diksmuide 28/12/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.21		01:15.34	
	00:36.21		00:39.13		
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 14:08
Heat: 5/6 Lane : 5 Athlete: CASTELEYN YANA					Q-time: 01:14:02
PB (25m pool): 01:14.02 Zwevegem 31/05/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.49		01:14.02	
	00:35.49		00:38.53		
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 14:08
Heat: 5/6 Lane : 6 Athlete: GHEKIERE JUNE					Q-time: 01:15:32
PB (25m pool): 01:15.32 Zwevegem 31/05/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.60		01:15.32	
	00:36.60		00:38.72		
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 14:10
Heat: 6/6 Lane : 5 Athlete: EECKHOUT FLEUR					Q-time: 01:08:41
PB (25m pool): 01:08.41 Diksmuide 28/12/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.87		01:08.41	
	00:31.87		00:36.54		
					

Coach feedback:

PK KB WVL 26: Session: 4: COACH evaluation sheet for TEAM: ZB

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 14:10
Heat: 6/6 Lane : 7 Athlete: DELPORTE ELLE					Q-time: 01:11:18
PB (25m pool): 01:11.18 Diksmuide 28/12/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.71		01:11.18	
	00:33.71		00:37.47		
					

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:5, starttime: 14:25	
Heat: 5/7 Lane : 7 Athlete: PLOVIE FLYNN							Q-time: 02:06:16	
PB (25m pool): 02:06.16 Ettelbruck 19/04/2026				PB (50m pool): 02:13.58SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:28.58		01:00.84		01:34.05		02:06.16
	00:28.58		00:32.26		00:33.21		00:32.11	
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:6, starttime: 14:27	
Heat: 6/7 Lane : 6 Athlete: EECKHOUT SIEBEN							Q-time: 02:03:55	
PB (25m pool): 02:03.34 Ettelbruck 21/04/2024				PB (50m pool): 02:08.42 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:03.34
	no time							
								

Coach feedback:

Event number: 31: 100M BREASTSTROKE MEN 11-12					Heat:2, starttime: 14:45
Heat: 2/5 Lane : 1 Athlete: T'JONCK MATHIJS					Q-time: 01:52:54
PB (25m pool): 01:52.54 Diksmuide 08/02/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:55.40		01:52.54	
	00:55.40		00:57.14		
					

Coach feedback:

PK KB WVL 26: Session: 4: COACH evaluation sheet for TEAM: ZB

Event number: 31: 100M BREASTSTROKE MEN 11-12					Heat:5, starttime: 14:52
Heat: 5/5 Lane : 0 Athlete: MOERMAN JASPER					Q-time: 01:36:29
PB (25m pool): 01:36.29 Diksmuide 08/02/2026					PB (50m pool): 01:35.74 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.32		01:36.29	
	00:45.32		00:50.97		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:1, starttime: 15:20
Heat: 1/10 Lane : 6 Athlete: DE DEYNE PAULIEN					Q-time: 01:42:98
PB (25m pool): 01:43.78 Diksmuide 28/12/2025					PB (50m pool): 01:39.45 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:43.78	
	no time				
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 15:25
Heat: 3/10 Lane : 9 Athlete: DEMAREST JAYDA					Q-time: 01:30:51
PB (25m pool): 01:30.51 Zwevegem 31/05/2026					PB (50m pool): 01:33.28 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.39		01:30.51	
	00:44.39		00:46.12		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 15:28
Heat: 4/10 Lane : 7 Athlete: DECAESTECKER OONA					Q-time: 01:25:25
PB (25m pool): 01:25.25 Diksmuide 28/12/2025					PB (50m pool): 01:27.82 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.22		01:25.25	
	00:42.22		00:43.03		
					

Coach feedback:

PK KB WVL 26: Session: 4: COACH evaluation sheet for TEAM: ZB

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 15:30
Heat: 5/10 Lane : 1 Athlete: HOSTEN IRIS					Q-time: 01:23:77
PB (25m pool): 01:23.77 Ettelbruck 19/04/2026					PB (50m pool): 01:26.39 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.46		01:23.77	
	00:39.46		00:44.31		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 15:30
Heat: 5/10 Lane : 7 Athlete: GHEKIERE JUNE					Q-time: 01:23:73
PB (25m pool): 01:23.73 Temse 17/11/2025					PB (50m pool): 01:21.31 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.02		01:23.73	
	00:41.02		00:42.71		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:6, starttime: 15:32
Heat: 6/10 Lane : 5 Athlete: VANDAMME BRITT					Q-time: 01:19:08
PB (25m pool): 01:19.08 Zwevegem 31/05/2026					PB (50m pool): 01:20.66 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.91		01:19.08	
	00:38.91		00:40.17		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:6, starttime: 15:32
Heat: 6/10 Lane : 9 Athlete: DECEUNINCK EMMA					Q-time: 01:22:17
PB (25m pool): 01:22.17 Ettelbruck 19/04/2026					PB (50m pool): 01:23.62 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.70		01:22.17	
	00:39.70		00:42.47		
					

Coach feedback:

PK KB WVL 26: Session: 4: COACH evaluation sheet for TEAM: ZB

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 15:35
Heat: 7/10 Lane : 2 Athlete: TOMMISSEN SIMONAH					Q-time: 01:17:15
PB (25m pool): 01:17.15 Ettelbruck 19/04/2026					PB (50m pool): 01:20.40 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.13		01:17.15	
	00:38.13		00:39.02		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:10, starttime: 15:42
Heat: 10/10 Lane : 1 Athlete: DELPORTE ELLE					Q-time: 01:08:57
PB (25m pool): 01:08.57 Ettelbruck 19/04/2026					PB (50m pool): 01:09.39 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.75		01:08.57	
	00:33.75		00:34.82		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:10, starttime: 15:42
Heat: 10/10 Lane : 2 Athlete: MIGOM LOBKE					Q-time: 01:06:74
PB (25m pool): 01:06.74 Zwevegem 11/05/2025					PB (50m pool): 01:09.87 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.40		01:06.74	
	00:32.40		00:34.34		
					

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+							Heat:2, starttime: 15:48	
Heat: 2/3 Lane : 6 Athlete: STAELEN QUINTEN							Q-time: 03:05:59	
PB (25m pool): 03:05.59 Ieper 04/01/2026							PB (50m pool): 03:01.34SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.95		01:31.22		no time		03:05.59
	00:41.95		00:49.27					
								

Coach feedback:

PK KB WVL 26: Session: 4: COACH evaluation sheet for TEAM: ZB

Event number: 33: 200M BREASTSTROKE MEN 13+							Heat:3, starttime: 15:52	
Heat: 3/3 Lane : 3 Athlete: DELPORTE NIO							Q-time: 02:28:40	
PB (25m pool): 02:28.40 Ettelbruck 19/04/2026				PB (50m pool): 02:32.78SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.55		01:11.55		01:50.12		02:28.40
	00:33.55		00:38.00		00:38.57		00:38.28	
								

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+							Heat:3, starttime: 15:52	
Heat: 3/3 Lane : 6 Athlete: SALOMEZ HAAKON							Q-time: 02:32:63	
PB (25m pool): 02:31.70 Leuven 13/11/2022				PB (50m pool): 02:36.73SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:31.70
	no time							
								

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+							Heat:3, starttime: 15:52	
Heat: 3/3 Lane : 7 Athlete: VANDAMME LUCAS							Q-time: 02:35:93	
PB (25m pool): 02:35.93 Ettelbruck 19/04/2026				PB (50m pool): 02:38.71 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.56		01:15.62		01:55.71		02:35.93
	00:35.56		00:40.06		00:40.09		00:40.22	
								

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+							Heat:3, starttime: 16:05	
Heat: 3/6 Lane : 4 Athlete: VAN BRABANT BENJAMIN							Q-time: 00:27:51	
PB (25m pool): 00:27.51 Menen 07/06/2026							PB (50m pool): 00:27.86 SB: no time	
	2 5 M		5 0 M					
PB			00:27.51					
			00:27.51					
								

Coach feedback:

PK KB WVL 26: Session: 4: COACH evaluation sheet for TEAM: ZB

Event number: 36: 50M BREASTSTROKE WOMEN 13+							Heat:3, starttime: 16:12	
Heat: 3/3 Lane : 1 Athlete: CASTELEYN YANA						Q-time: 00:37:52		
PB (25m pool): 00:37.52 Ettelbruck 19/04/2026							PB (50m pool): 00:39.38 SB: no time	
	2 5 M		5 0 M					
PB			00:37.52					
			00:37.52					
								

Coach feedback:

Event number: 36: 50M BREASTSTROKE WOMEN 13+							Heat:3, starttime: 16:12	
Heat: 3/3 Lane : 5 Athlete: EECKHOUT FLEUR							Q-time: 00:34:49	
PB (25m pool): 00:34.49 Ettelbruck 19/04/2026							PB (50m pool): 00:35.23 SB: no time	
	2 5 M		5 0 M					
PB			00:34.49					
			00:34.49					
								

Coach feedback:

Event number: 36: 50M BREASTSTROKE WOMEN 13+							Heat:3, starttime: 16:12	
Heat: 3/3 Lane : 8 Athlete: DEMAREST HAILEY							Q-time: 00:38:06	
PB (25m pool): 00:38.06 Meulebeke 06/04/2025							PB (50m pool): 00:38.03 SB: no time	
	2 5 M		5 0 M					
PB			00:38.06					
	00:38.06							
								

Coach feedback:

Event number: 37: 4x50M MEDLEY MEN 11+							Heat:2, starttime: 16:37	
Heat: 2/2 Lane : 6 Athlete: TEAM ZB 1							Q-time: 01:58:87	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

PK KB WVL 26: Session: 4: COACH evaluation sheet for TEAM: ZB

Event number: 38: 4x50M MEDLEY WOMEN 11+							Heat:2, starttime: 16:44	
Heat: 2/2 Lane : 5 Athlete: TEAM ZB 1							Q-time: 02:08:54	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: